



## Sara's Secrets for Weeknight Meals

*Sara Moulton*

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Heeding the pleas of modern multitasking home cooks, Television Food Network's Sara Moulton returns with 200 delicious *and* quick main dishes, sides, and desserts for busy workweek dinners.

As the host of *Cooking Live* and *Sara's Secrets*, the food editor of *Good Morning America*, and the bestselling author of *Sara Moulton Cooks at Home*, Sara Moulton is one of this country's most popular and accessible celebrity chefs. It was while touring the U.S. promoting her first book, in fact, that Sara's fans begged her for fast, tasty, and wholesome weeknight entrees. She realized that she, too, had a need for those kinds of dishes, which was all her busy schedule would allow. In writing this book, Sara rethought dinner itself, so that mealtimes no longer featured the same predictable recipes. Instead she offers "breakfast for dinner" or hearty soups or sandwiches. The result is a cookbook filled with easy and popular ethnic dishes to spice up the repertoire, her own versions of American classics, dishes to whip up from pantry staples as well as supermarket salad bar and deli items, and slow-cooking recipes for leisurely weekends.

With recipes that will satisfy taste buds as well as time constraints, *Sara's Secrets for Weeknight Meals* covers the spectrum from entree salads (Thai-style Steak Salad with Spicy Mint Dressing), substantial sandwiches (Scampi Heroes), hearty soups for supper (Creamy Cauliflower Soup with Chorizo and Greens), breakfast foods for dinner (Potato Pancakes with Smoked Salmon and Fried Eggs), pasta (Quick Asparagus Lasagna), seafood (Steamed Mussels in Curried Coconut Broth), vegetable plates (Exotic Mushroom Pot Pie), meat dishes (Meatloaf Burgers), double-duty dishes (leftover rice in Cheatin' Jambalaya), weekend dishes to cook ahead (Slow-cooked Chinese Spareribs), recipes that either can be put together in no time with prepared supermarket ingredients (Crispy Polenta Slices with Gorgonzola and Leeks) or from a well-stocked pantry (Linguine with White Bean, Sun-dried Tomato, and Olive Sauce), to delectable desserts (Chocolate Bread Pudding, Gingerbread Pancakes with Butterscotch Apples, Nectarine and Plum Upside-down Cake).

Recipes include hands-on cooking time and total cooking time as well as suggestions for side-dish pairings. Twenty-four beautiful color photos, warm and friendly headnotes, and lots of Sara's tips and shortcuts (including advice on stocking a pantry, basic recipes, simple sides, quick sauces, and mail-order sources) make this another cookbook for Sara's fans to cherish.

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