



## 2,001 Ways to Pamper Yourself

*Lorraine Bodger*

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## **2,001 Ways to Pamper Yourself** Lorraine Bodger

Pampering means caretaking, indulging, and making yourself feel good, and it's your right to be pampered whenever you need it-any time, day or night.

In *2,001 Ways to Pamper Yourself*, Lorraine Bodger offers hundreds and hundreds of serious and lighthearted tips for treating yourself royally, from the sublime to the maybe-it's-silly-but-it-makes-me-feel-good ridiculous. You'll get such advice as:

- \* Take a scented bath by candlelight.
- \* Visit a comedy club and laugh till you fall out of your chair.
- \* Hire someone to wash your windows.
- \* Get rid of every item of clothing that doesn't look great on you.
- \* Eat peanut butter straight from the jar.
- \* Take a day off during the week.
- \* Stay in bed and do nothing.
- \* Throw a tantrum.
- \* Have dessert first.
- \* Sit in a sculpture garden and meditate.
- \* Bake a batch of chocolate chip cookies and keep them all for yourself.
- \* Swim out as far as you can and look back at the shore. See how small your problems are.

Through Bodger's insightful wit and wisdom, you'll remember that you're someone special, a person who deserves to be well taken care of. So go ahead-pamper yourself.

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Have you spare time for just a day? What do you do when you have much more or little spare time? That's why, you can choose the suitable activity for spend your time. Any person spent all their spare time to take a walk, shopping, or went to the Mall. How about open or maybe read a book entitled 2,001 Ways to Pamper Yourself? Maybe it is to be best activity for you. You recognize beside you can spend your time along with your favorite's book, you can more intelligent than before. Do you agree with its opinion or you have other opinion?

#### **Kevin Shepherd:**

People live in this new day time of lifestyle always attempt to and must have the spare time or they will get wide range of stress from both way of life and work. So , if we ask do people have time, we will say absolutely yes. People is human not really a huge robot. Then we consult again, what kind of activity do you possess when the spare time coming to an individual of course your answer can unlimited right. Then ever try this one, reading publications. It can be your alternative inside spending your spare time, typically the book you have read is definitely 2,001 Ways to Pamper Yourself.

#### **Debra Durso:**

As a scholar exactly feel bored to reading. If their teacher expected them to go to the library in order to make summary for some publication, they are complained. Just minor students that has reading's spirit or real their pastime. They just do what the instructor want, like asked to go to the library. They go to generally there but nothing reading seriously. Any students feel that studying is not important, boring in addition to can't see colorful photographs on there. Yeah, it is for being complicated. Book is very important for you. As we know that on this period, many ways to get whatever you want. Likewise word says, many ways to reach Chinese's country. Therefore this 2,001 Ways to Pamper Yourself can make you experience more interested to read.

#### **Josie Garcia:**

What is your hobby? Have you heard that question when you got college students? We believe that that problem was given by teacher to the students. Many kinds of hobby, All people has different hobby. Therefore you know that little person just like reading or as studying become their hobby. You have to know that reading is very important and book as to be the factor. Book is important thing to include you knowledge, except your teacher or lecturer. You see good news or update regarding something by book. Different categories of books that can you choose to use be your object. One of them is actually 2,001 Ways to Pamper Yourself.

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