



The Antidepressant Solution: A Step-by-Step Guide to Safely Overcoming Antidepressant Withdrawal, Dependence, and "Addiction"

M.D. Joseph Glenmullen M.D.

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With the FDA's warning that antidepressants may cause agitation, anxiety, hostility, and even violent or suicidal tendencies, these medications are at the forefront of national legal news. Harvard physician Joseph Glenmullen has led the charge to warn the public that antidepressants are overprescribed, underregulated, and, especially, misunderstood in their side and withdrawal effects. Now he offers a solution!

More than twenty million Americans -- including over one million teens and children -- take one of today's popular antidepressants, such as Paxil, Zoloft, or Effexor. Dr. Glenmullen recognizes the many benefits of antidepressants and prescribes them to his patients, but he is also committed to warning the public of the dangers associated with overprescription. Dr. Glenmullen's last book, *Prozac Backlash*, sounded the alarm about possible dangers. *The Antidepressant Solution* provides the remedy. It is the first book to call attention to the drugs' catch-22: Although many people are ready to go off these drugs, they continue to take them because either the patient or the doctor mistakes antidepressant withdrawal for depressive relapse. *The Antidepressant Solution* offers an easy, step-by-step guide for patients and their doctors.

Written by the premier authority in the field, *The Antidepressant Solution* is an invaluable book for all those concerned with going through the process -- from friends and family members to doctors and patients themselves.

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Helen Massey:

The book entitled The Antidepressant Solution: A Step-by-Step Guide to Safely Overcoming Antidepressant Withdrawal, Dependence, and "Addiction" contain a lot of information on the item. The writer explains her idea with easy means. The language is very clear and understandable all the people, so do not worry, you can easy to read it. The book was published by famous author. The author provides you in the new age of literary works. You can read this book because you can please read on your smart phone, or gadget, so you can read the book with anywhere and anytime. If you want to buy the e-book, you can wide open their official website along with order it. Have a nice study.

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