



Pro Soccer Finishing Drills: 10 Training Ground Exercises

Marcus DiBernardo

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The “10 for 10 Soccer Coaching Series” is simply 10 Soccer Coaching topics combined with 10 training exercises for each topic. This series like all my books is written in a simple and clear way. The objective is to provide coaches with high quality information and exercises that can be used directly on the training ground and applied to the 11v11 game.

The reason I wrote “Pro Soccer Finishing Drills” is because of the need for players to become more clinical in front of goal. The fact is teams that miss numerous scoring opportunities are far less likely to win games compared to teams that take their chances well. When scoring chances are squandered, teams may struggle to find consistency with their results. Finishing just like anything else needs to be practiced. In order to become better at scoring, teams must practice finishing and attacking movements consistently. It is also critical for individuals to work on their own finishing technique. Players need to perform thousands & thousands of correct repetitions in order to really improve technically in front of goal. Scoring goals is an art form that does not come easy. High-level goal scorers possess awareness, timing, expert technique and make split second intelligent decisions in front of net. In the modern game the difference between winning and losing is often found solely in a teams ability to finish. That difference may be just one special player or an entire team. Knowing how important finishing is, it is now up to you the “coach” to implement training that will improve your teams finishing. I am confident that the exercises in this guide will help your team improve and score more goals.

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