



# How to Read Better & Faster

*N. Lewis*

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## **How to Read Better & Faster** N. Lewis

How To Read Better And Faster is a book that teaches reading techniques to its readers - techniques that can help them increase their reading speed and retention. This is a book that teaches readers not just how to read faster, but also techniques that can help them retain what they have read. Speed reading techniques are not just about counting how many words an individual can read in a minute. To actually read something states that it is important that the person understands what is being read. How To Read Better And Faster by Norman Lewis is based on the premise that one s reading speed is linked to concentration and retention. One cannot happen without the other. So, if a person s reading speed increases, a significant increase in his concentration and powers of retention should also be noted. The book shows readers some practical ways in which they can increase their reading speed. It contains exercises that can be practised to achieve an increase in one s reading speed. It defines goals and shows the reader different ways in which he can achieve those goals. This approach makes it easy for the reader to apply the skills taught in the book and check the results. Increasing one s reading speed can be helpful in many situations - for students who are going through a lot of study material to prepare for their exams, for business executives who have to go through a lot of notes and reports in a day, for researchers who have to go through piles of reference material, and the list goes on. The book even teaches readers how to look at a page and take in the main points, and how to build their reading vocabulary. Regardless of whether the reader just wants to scan a newspaper faster, finish a novel in a few hours, or go through huge amounts of reference material faster, this book is always useful.

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